



# Organisational Profiles. Interview: CA2

prepared by: IP

IO 4 - 'Organisational Profiles'

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## Organisational Profiles Interview: CA2. Nursing care.

HCEU Competence Matrix 'Professional Care' vHCEU\_CM-LO\_20180426

### SECTION 1

1. Email address:

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2. Date of the interview (DD/MM/YYYY):

.....

3. Country:

Albania (AL) <input type="checkbox"/>	Philippines (PH) <input type="checkbox"/>	Ukraine (UA) <input type="checkbox"/>	Other .....
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4. The name of the analyzed national curricula/standard/certificate/qualification:

.....

### SECTION 2

#### General questions, about Expert (interviewee).

1. Name and Surname:

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2. E-mail address:

.....



3. Have Expert (interviewee) participated of any other interviews on the HCEU project?
- YES (we've received Expert (interviewee) professional background information) – please skip to the section 4.
- NO (please fill the next section).

### SECTION 3

## General questions, (professional background information) about Expert (interviewee).

1. Educational background/years of work experience:

.....

2. Job function:

.....

3. What type of institution do you work at:

Public hospital /clinic	Private hospital /clinic	Public Medical Centre (non-clinical)	Private Medical Centre (non-clinical)	Academic Institution (higher education)	Secondary/vocational Education Institution	Other
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	.....

**SECTION 4**

For each of sub-area of competences, please choose which level/step of competence development is usually reached by a graduate/ holder of certificate after completion of studies.

Sub-area of competence: **2.1. Basic care and personal hygiene.**

	2.1.a. To be able to support the patient/client to perform basic care.	2.1.b. To be able to perform basic care in all care cases.	2.1.c. To be able to guide and supervise others in performing basic care in all care cases.
Steps of competence development:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Section/s to fill:</b>	<b>5</b>	<b>5,6</b>	<b>5,6,7</b>

Comments:

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.....

**SECTION 5**

Step of competence development:

**2.1.a. To be able to support the patient/client to perform basic care.**

**COMPETENCE**

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA21ac001. Is able to support patient's/client's in performing resource oriented basic care and to assist others in performing basic care. This is done autonomously and self-responsibly but according to instruction.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SKILLS**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA21as001. Involve the patient/client and relevant others in the supporting of basic care.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as002. Support patient's/client's in skin care and prophylactic measures regarding skin.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as003. Support patient's/client's in personal hygiene (e.g. oral care, hair care, nose care, ear hygiene, shaving).	<input type="checkbox"/>	<input type="checkbox"/>
CA21as004. Support patient's/client's in bathing and showering.	<input type="checkbox"/>	<input type="checkbox"/>

The professional caregiver is able to:	Yes	No
CA21as005. Support patient's/client's in dressing and undressing.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as006. Make beds.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as007. Assist others in bedding of patient's/client's.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as008. Implement care aids in performing measures of personal hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as009. Apply special care measures in assisting others regarding patient's/client's with special diseases and needs (e.g. external fixator, difficulty in breathing).	<input type="checkbox"/>	<input type="checkbox"/>
CA21as010. Empower the patient/client to act self-determinedly through resource-orientated care.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as011. Apply professional care plans in the process of personal hygiene to the patient/client.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as012. Recognise and report acute changes in the patient's/client's condition (see also CA.A.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA21as013. Call for support when dealing with complications and difficulty situations.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as014. Apply measures to protect patient's/client's from noise, radiation, unpleasant lightning.	<input type="checkbox"/>	<input type="checkbox"/>
CA21as015. Apply measures to protect patient's/client's with specific diseases from exposure (e.g. avoid to expose patient's/client's with neurodermitis to creams containing wool wax, avoid alcoholics access to alcohol-containing solutions).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## KNOWLEDGE

The professional caregiver is able to:	Yes	No
CA21ak001. Describe the elements of personal hygiene and full body wash.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak002. Explain expectations of the patient/client regarding privacy in personal hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak003. Describe the anatomy of the skin.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak004. Describe the principles and goals of skin care.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak005. Name different cleansing agents and care products and their impacts.	<input type="checkbox"/>	<input type="checkbox"/>

The professional caregiver is able to:	Yes	No
CA21ak006. Describe skin care in special diseases (e.g. ulcers, pressure ulcers, skin age, skin diseases).	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak007. Describe one's own behaviour regarding personal hygiene when dealing with patient's/client's pain.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak008. Explain methods of pain control.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak009. Explain diseases relevant for skin care and personal hygiene (e.g. ulcers, pressure ulcers, skin age, skin diseases).	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak010. Explain use of prevention equipment for ulcers (e.g. pillows, antidecubitus mattress, water-filled glove).	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak011. Distinguish and explain various stages of pressure ulcers (e.g. stadium I to IV).	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak012. Describe the methods of skin prophylaxis (e.g. intertrigoprophyllaxis, pressure ulcers prophylaxis).	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak013. Describe the anatomy of mouth, ear, eye and nose.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak014. Explain prophylactic measures regarding to mouth, ears, eyes, nose.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak015. Describe techniques to support patient's/client's in dressing and undressing.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak016. Describe techniques to change the bed linen with/without patient/client in bed.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak017. Describe the principles of resource-oriented care (e.g. to empower patient's/client's in acting self-determinedly).	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak018. Describe development and prevention of burns and frostbites.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ak019. Explain the special need for protection of patient's/client's with specific diseases (e.g. recrudescence in case of alcoholism).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## SECTION 6

Step of competence development:

### 2.1.b. To be able to perform basic care in all care cases.

## COMPETENCE

The professional caregiver:	Yes	No
CA21bc001. Autonomously and self-responsibly performs resource oriented basic care in all care cases.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

.....

**SKILLS**

The professional caregiver is able to:	Yes	No
CA21bs001. Perform skin care and prophylactic measures of patient's/client's regarding skin.	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs002 . Perform measures of body wash and personal hygiene of patient's/client's in various situations and places (e.g. full body wash, intimate body wash, in bed, at the washbasin).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs003. Perform dressing and undressing patient's/client's.	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs004. Perform shaving of patient's/client's (e.g. face, body for preparing for operations).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs005. Perform nose and mouth hygiene for patient's/client's with nasally or orally inserted tubes (e.g. stomach tube, endotracheal tube).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs006. Consider disease patterns of patient's/client's relevant for personal hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs007. Recognise and to manage risks situations and changes in the patient's/client's condition in the care act (e.g. recognise circulatory collapses) (see also CA.A.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs008. Perform basic care according to risks of the patient/client related to specific care cases (e.g. seriously sick patient's/client's).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs009. Implement special concepts in basic care (e.g. Bobath).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs010. Perform basal stimulation (e.g. for revitalising, soothing).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bs011. Recognise if the patient/client is suffering from pain and to apply pain scales (see also CA.1.1).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**KNOWLEDGE**

The professional caregiver is able to:	Yes	No
CA21bk001. Explain legal regulations and consequences regarding basic care (see also CA.B.3).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk002. Describe and distinguish between relevant disease patterns and the related risks and potential complications in the context of personal hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk003. Name basic elements of human anatomy relevant for body washes (e.g. muscles, bones, blood circulation).	<input type="checkbox"/>	<input type="checkbox"/>

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA21bk004. Explain the Bobath concept.	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk005. Explain the concept of basal stimulation.	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk006. Explain special methods of full body wash related to special diseases (e.g. Bobath, basal stimulation, kinesthetics).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk007. Explain one's own behaviour regarding dealing with patient's/client's with pain.	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk008. Explain techniques to perform body wash (e.g. in bed, showering).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk009. Name psychological diseases that can lead to defensive behaviour (e.g. anxiety disorders, burnout, depression, dementia, schizophrenia).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk010. Name neurological diseases that can lead to restrictions in personal hygiene (e.g. Parkinson's disease, Encephalitis, Stroke).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk011. Name and describe diseases of the cardiovascular system that lead to restrictions in self-care (e.g. chronic ischemic heart disease, myocardial infarction, cardiac insufficiency).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk012. Name and describe diseases of the motion apparatus that lead to restrictions in self-sufficiency (e.g. morbus bechterew, disc prolaps).	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk013. Describe the depth of sedation based on scales (e.g. GCS or RS) and their influence regarding personal hygiene.	<input type="checkbox"/>	<input type="checkbox"/>
CA21bk014. Explain risks situations based on too low/high depth of sedation of patient's/client's regarding personal hygiene (see also CA.3.2).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## SECTION 7

Step of competence development:

**2.1.c. To be able to guide and supervise others in performing basic care in all care cases.**

### COMPETENCE

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA21cc001. Autonomously and self-responsibly is able to guide and supervise others in performing resource oriented basic care in all care cases.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SKILLS**

The professional caregiver is able to:	Yes	No
CA21cs001. Hand over personal hygiene to relevant others (e.g. to relatives regarding wishes and needs of the patient/client).	<input type="checkbox"/>	<input type="checkbox"/>
CA21cs002. Teach others in methods of taking over personal hygiene and body care of patient's/client's.	<input type="checkbox"/>	<input type="checkbox"/>
CA21cs003. Transfer methods and processes of basic care in different care situations to others.	<input type="checkbox"/>	<input type="checkbox"/>
CA21cs004. Evaluate the work and abilities of the others with respect to taking basic care.	<input type="checkbox"/>	<input type="checkbox"/>
CA21cs005. Coach others in conducting basic care.	<input type="checkbox"/>	<input type="checkbox"/>
CA21cs006. Motivate others to complete the goals of basic care.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**KNOWLEDGE**

The professional caregiver is able to:	Yes	No
CA21ck001. Discuss ethical principles of basic care (see also CA.B.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA21ck002. Explain the integration of relevant other (e.g. relatives of the patient's/client's) in the care process.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ck003. Explain behaviour when dealing with risky situations and changes in the patient's/client's condition.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ck004. Name methods to transfer knowledge and experience.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ck005. Explain different coaching/training techniques.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ck006. Describe techniques to increase motivation.	<input type="checkbox"/>	<input type="checkbox"/>
CA21ck007. Explain the implementation of quality control regarding basic care (see also CA.A.3).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SECTION 8**

For each of sub-area of competences, please choose which level/step of competence development is usually reached by a graduate/ holder of certificate after completion of studies.

Sub-area of competence: **2.2. Nutrition.**

	2.2.a. To be able to order and distribute meals and, if necessary, support patients/clients without specific dietary restrictions or functional limitations according to nutrition plans.	2.2.b. To be able to assist in: - preparing and adapting a nutrition plan according to patients'/ clients' individual condition and functional limitations; - handle enteral nutrition and to place and handle feeding tubes.	2.2.c. To be able to independently: - prepare and adapt a nutrition plan according to patient's/ client's individual condition and functional limitations; - place and handle feeding tubes.	2.2.d. To be able to guide and supervise the handling of enteral nutrition and placing and handling of feeding tubes.
Steps of competence development:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Section/s to fill:</b>	<b>9</b>	<b>9,10</b>	<b>9,10,11</b>	<b>9,10,11,12</b>

Comments:

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**SECTION 9**

Step of competence development:

**2.2.a. To be able to order and distribute meals and, if necessary, support patients/clients without specific dietary restrictions or functional limitations according to nutrition plans.**

**COMPETENCE**

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA22ac001. Is able to order and distribute meals and assist patient's/client's without specific dietary restrictions (apart from Diabetes Mellitus) or functional limitations in eating and drinking according to nutrition plans. This is done autonomously and self-responsibly but according to instruction.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

.....

**SKILLS**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA22as001. Involve the patient/client and relevant others in nutrition.	<input type="checkbox"/>	<input type="checkbox"/>
CA22as002. Implement the prescribed nutrition plan and drinking protocol.	<input type="checkbox"/>	<input type="checkbox"/>
CA22as003. Order meals and drinks according to in-house rules.	<input type="checkbox"/>	<input type="checkbox"/>
CA22as004. Prepare patient's/client's for eating and drinking (e.g. correct position in bed).	<input type="checkbox"/>	<input type="checkbox"/>
CA22as005. Support patient's/client's without specific needs in eating and drinking.	<input type="checkbox"/>	<input type="checkbox"/>
CA22as006. Set tables and serve meals (e.g. while respecting patient's/client's rituals).	<input type="checkbox"/>	<input type="checkbox"/>
CA22as007. Distinguish and use different dishes according to the patient's/client's needs (e.g. feeding cup).	<input type="checkbox"/>	<input type="checkbox"/>
CA22as008. Monitor the patient's/client's liquid and calorie intake and react according to nutrition plans and the patient's/client's needs.	<input type="checkbox"/>	<input type="checkbox"/>
CA22as009. Recognise potential rituals and habits of patients/clients.	<input type="checkbox"/>	<input type="checkbox"/>
CA22as010. Recognise risk situations regarding nutrition and feeding and to call for assistance.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

.....

**KNOWLEDGE**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA22ak001. Describe the procedures of ordering meals/drinks according to in-house rules.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ak002. List potential dietary restrictions and functional limitations and their impacts on nutrition.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ak003. Explain the dimensions of liquids and feed quantities.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ak004. Describe support of the patient's/client's in feeding and drinking.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ak005. Name the regular volume of liquids and calories a patient/client should ingest on a daily basis.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ak006. Explain the impact of aspiration and their prophylaxis.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ak007. Describe values and beliefs of different cultural, ethnological and religious groups and how this may affect patient's/client's within nutrition (see also CA.B.2).	<input type="checkbox"/>	<input type="checkbox"/>

The professional caregiver is able to:	Yes	No
CA22ak008. List interactions between medicines and nutrients (e.g. diabetes-related nutrition and the amount of insulin).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## SECTION 10

Step of competence development:

**2.2.b. To be able to assist in: - preparing and adapting a nutrition plan according to patients'/clients' individual condition and functional limitations; - handle enteral nutrition and to place and handle feeding tubes.**

## COMPETENCE

The professional caregiver:	Yes	No
CA22bc001. Is able to prepare and to adapt nutrition plans according to patients'/clients' individual needs, handle special forms of enteral nutrition and place and handle (nasal/oral) feeding tubes. This is done under supervision.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

.....

## SKILLS

The professional caregiver is able to:	Yes	No
CA22bs001. Assist in preparing and adapting nutrition plans.	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs002. Derive relevant information from patient/client observation and react accordingly (see also CA.A.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs003. Assist in preparing and serving the enteral nutrition according to the nutrition plan.	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs004. Assist in preparing the material for placing and handling feeding tubes.	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs005. Assist in placing, checking and handling feeding tubes (e.g. flush regularly, control feeding tube position).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs006. Assist in checking and handling different feeding pumps (see also CA.3.5).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs007. Assist in the evaluation of the patient's/client's swallowing process while carrying out dysphagia tests.	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs008. Distinguish between various kinds of liquids and meals according to patient's/client's needs.	<input type="checkbox"/>	<input type="checkbox"/>

The professional caregiver is able to:	Yes	No
CA22bs009. Perform the documentation of the patient's/client's eating and drinking (see also CA.A.2).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs010. Apply methods of basal stimulation in nutrition and feeding of patient's/client's.	<input type="checkbox"/>	<input type="checkbox"/>
CA22bs011. Assist in using appropriated application systems (e.g. use appropriate syringes and systems for enteral nutrition only).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## KNOWLEDGE

The professional caregiver is able to:	Yes	No
CA22bk001. Explain legal regulations and consequences regarding nutrition (see also CA.B.3).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk002. Explain diverse types of meals suitable for different disease patterns (e.g. swallowing disorders, pre- and postoperative care in relation to nutrition).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk003. Identify abilities of patient's/client's and risks according to specific disease patterns (e.g. lack of nutrition due to physical or psychological limitations, surgical interventions).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk004. Explain differences in diverse types of enteral nutrition.	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk005. Name the necessary materials and equipment for placing and handling of feeding tubes.	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk006. Describe the functions of different feeding pumps (see also CA.3.5).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk007. Name conditions for swallowing investigations (e.g. regarding the patient's/client's vigilance and compliance).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk008. Describe methods of dysphagia screening (e.g. Gugging Swallowing Screen, dysphagia test according to Daniels).	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk009. Explain methods of basal stimulation regarding nutrition.	<input type="checkbox"/>	<input type="checkbox"/>
CA22bk010. Explain special diets (e.g. for patient's/client's with Colitis Ulcerosa, Morbus Chron, postoperative).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SECTION 11**

Step of competence development:

**2.2.c. To be able to independently: - prepare and adapt a nutrition plan according to patient's/client's individual condition and functional limitations; - place and handle feeding tubes.**

**COMPETENCE**

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA22cc001. Is autonomously and self responsibly able to prepare and to adapt nutrition plans according to patients'/clients' individual needs, handle special forms of enteral nutrition and place and handle (nasal/oral) feeding tubes.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SKILLS**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA22cs001. Prepare and adapt nutrition plans.	<input type="checkbox"/>	<input type="checkbox"/>
CA22cs002. Prepare and serve the enteral nutrition according to the nutrition plan.	<input type="checkbox"/>	<input type="checkbox"/>
CA22cs003. Prepare the material for placing and handling feeding tubes.	<input type="checkbox"/>	<input type="checkbox"/>
CA22cs004. Place, check and handle feeding tubes (e.g. flush regularly, control feeding tube position).	<input type="checkbox"/>	<input type="checkbox"/>
CA22cs005. Check and handle different feeding pumps (see also CA.3.5).	<input type="checkbox"/>	<input type="checkbox"/>
CA22cs006. Evaluate the patient's/client's swallowing process while carrying out dysphagia tests.	<input type="checkbox"/>	<input type="checkbox"/>
CA22cs007. Use appropriated application systems (e.g. use appropriate syringes and systems for enteral nutrition only).	<input type="checkbox"/>	<input type="checkbox"/>
CA22cs008. Anticipates risk situations and emergency cases early on and prevents such situations through adaptation of own work.	<input type="checkbox"/>	<input type="checkbox"/>
CA22cs009. Deal with non-compliant patient's/client's regarding feeding tubes (e.g. secure and fix feeding tubes properly).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**KNOWLEDGE**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA22ck001. Explain legal regulations and consequences regarding parenteral nutrition (see also CA.B.3).	<input type="checkbox"/>	<input type="checkbox"/>
CA22ck002. Explain the anatomy of air passages and digestive tract.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ck003. Explain the procedure and potential risks of placing and handling feeding tubes.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ck004. Name the indications and explain the limitations for placing a feeding tube.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ck005. Explain one's own behaviour when dealing with non-compliant patient's/client's.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SECTION 12**

Step of competence development:

**2.2.d. To be able to guide and supervise the handling of enteral nutrition and placing and handling of feeding tubes.**

**COMPETENCE**

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA22dc001. Is autonomously and self responsibly able to guide and supervise the handling of enteral nutrition and placing and handling of (nasal/oral) feeding tubes.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

.....

**SKILLS**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA22ds001. Teach others in conducting enteral nutrition and tube nutrition.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ds002. Teach others in placing and handling of feeding tubes.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ds003. Transfer methods and processes of nutrition in different situations to others.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ds004. Evaluate the work and abilities of the others with respect to handling enteral nutrition.	<input type="checkbox"/>	<input type="checkbox"/>
CA22ds005. Motivate others to complete the goals of nutrition.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**KNOWLEDGE**

The professional caregiver is able to:	Yes	No
CA22dk001. Discuss ethical principles of nutrition (see also CA.B.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA22dk002. Explain strategies of assessment and motivation of employees for effective enteral nutrition.	<input type="checkbox"/>	<input type="checkbox"/>
CA22dk003. Explain the process of guidance and supervision of the others.	<input type="checkbox"/>	<input type="checkbox"/>
CA22dk004. Name methods to transfer knowledge and experience.	<input type="checkbox"/>	<input type="checkbox"/>
CA22dk005. Explain different coaching and training techniques.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SECTION 13**

*For each of sub-area of competences, please choose which level/step of competence development is usually reached by a graduate/ holder of certificate after completion of studies.*

Sub-area of competence: **2.3. Mobility, movement, positioning.**

	2.3.a. To be able to assist in mobility measures including patient/client activation according to patient's/client's treatment plan and individual condition.	2.3.b. To be able to implement mobility measures including patient/client activation according to patient's/client's treatment plan and individual condition.	2.3.c. To be able to guide and supervise the implementation of mobility measures.
Steps of competence development:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Section/s to fill:</b>	<b>14</b>	<b>14,15</b>	<b>14,15,16</b>

Comments:

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**SECTION 14**

Step of competence development:

**2.3.a. To be able to assist in mobility measures including patient/client activation according to patient's/client's treatment plan and individual condition.****COMPETENCE**

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA23ac001. Is able to carry out mobility measures including patient/client activation according to the treatment plan and individual condition and resources. This is done autonomously and self-responsibly but according to instruction.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

.....

**SKILLS**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA23as001. Involve the patient/client and relevant others in mobility measures.	<input type="checkbox"/>	<input type="checkbox"/>
CA23as002. Accept the need for movement and mobility (e.g. restless patient/client).	<input type="checkbox"/>	<input type="checkbox"/>
CA23as003. Assist in changing the patient's/client's position (e.g. in wheelchair, in bed).	<input type="checkbox"/>	<input type="checkbox"/>
CA23as004. Assist in the helping the patient/client standing up (e.g. from bed).	<input type="checkbox"/>	<input type="checkbox"/>
CA23as005. Assist in the transfer of the patient/client (e.g. to and out of bed, to and out of wheelchair).	<input type="checkbox"/>	<input type="checkbox"/>
CA23as006. Assist in the performance of passive and active mobilisation.	<input type="checkbox"/>	<input type="checkbox"/>
CA23as007. Recognise and support patient's/client's resources regarding mobility.	<input type="checkbox"/>	<input type="checkbox"/>
CA23as008. Assist in the using of different equipment supporting the positioning, mobility and transfer of patient/client (e.g. standing up aids, positioning aids).	<input type="checkbox"/>	<input type="checkbox"/>
CA23as009. Assist in the appliance of prophylactic measures to prevent decubitus consequences of immobility (e.g. decubitus, thrombosis, pneumonia, contractures).	<input type="checkbox"/>	<input type="checkbox"/>
CA23as010. Change the patient's/client's position while taking care on one's own safety and intactness (e.g. Bobath-oriented, kinesthetics).	<input type="checkbox"/>	<input type="checkbox"/>
CA23as011. Prevent risks related to patient's/client's environment and mobilisation (e.g. falling, strangulation) (see also CA.A.3).	<input type="checkbox"/>	<input type="checkbox"/>



Comments:

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## KNOWLEDGE

The professional caregiver is able to:	Yes	No
CA23ak001. Explain legal regulations and consequences regarding movement and mobilisation (see also CA.B.3).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak002. Describe the importance of mobility and movement.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak003. Explain techniques to involve patient's/client's resources regarding the mobility.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak004. Describe different bed positions and their meaning.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak005. Describe the safe transfer of patient's/client's (e.g. from bed to wheelchair by means of bed lifters, manually from the wheelchair to the toilet).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak006. Explain differences regarding active and passive mobilisation.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak007. Name risks of immobility (e.g. thrombosis, decubitus, contracture).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak008. Describe prophylactic measures regarding potential risks resulting from immobility (e.g. thrombosis, decubitus, contracture, pneumonia).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak009. List different equipment for mobility and transfer of patient/client and to describe its functionality (e.g. walking frame, wheel chair).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak010. Describe techniques to provide own safety (e.g. kinesthetics) (see also CA.A.3).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak011. Describe the risks of immobility and patient's/client's mobilisation regarding the patient's/client's environment (e.g. amount of storage aids, danger of pull on infusion lines and strangulation).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ak012. Name reasons for restrictive measures (e.g. self-endangerment, danger to others).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SECTION 15**

Step of competence development:

**2.3.b. To be able to implement mobility measures including patient/client activation according to patient's/client's treatment plan and individual condition.****COMPETENCE**

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA23bc001. Is autonomously and self responsibly able to perform mobility measures including patient's/client's activation according to the treatment plan and to the individual conditions in all care cases.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SKILLS**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA23bs001. Perform changing the patient's/client's position (e.g. in bed, in wheelchair).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs002. Help the patient/client standing up (e.g. from bed).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs003. Perform the transfer of the patient/client (e.g. to and out of bed, to and out of wheelchair).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs004. Perform passive and active mobilisation.	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs005. Implement specific methods of positioning and mobility measures of patient's/client's according to disease patterns.	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs006. Recognise the patient's/client's needs regarding the aids for mobility and transfer.	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs007. Develop a mobility and movement plan according to disease patterns and patient's/client's needs (see also CA.1.3).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs008. Bring the patient/client in a position that is necessary for interventions and examinations.	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs009. Recognise and to manage risks situations and changes in the patient's/client's condition in the care act (e.g. recognise circulatory collapses).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs010. Estimate the sedation state of patient's/client's and determine whether adequate sedatives were administered (see also CA.3.2).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bs011. Collaborate with other professionals regarding mobility and movement and activation of the patient/client.	<input type="checkbox"/>	<input type="checkbox"/>

The professional caregiver is able to:	Yes	No
CA23bs012. Document implemented mobility measures (see also CA.A.2).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## KNOWLEDGE

The professional caregiver is able to:	Yes	No
CA23bk001. Name mental disorders and diseases that influence the mobility of the patient/client (e.g. delirium, psychosis, epileptic attack, dementia).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk002. Describe the influence of mental disorders and diseases that influence the mobility of the patient/client.	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk003. Describe the Bobath-concept related to special diseases connected to mobility and immobility (e.g. stroke, restless patient/client).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk004. Describe physical diseases that lead to movement restrictions and their influence on mobility/transfer of the patient/client (e.g. spinal surgery, pulmonary oedema).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk005. Describe special positions for surgical interventions (e.g. spine surgery).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk006. Name and describe diseases of the motion apparatus that lead to restrictions in self-sufficiency (e.g. Morbus Bechterew, disc prolapse).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk007. Explain limitations on mobility measures according to circulatory instable patient's/client's (e.g. shock, vital threatening situation).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk008. Describe the physiology of pain and differentiate between individual pain experiences.	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk009. Describe special positions for examinations (e.g. lumbar puncture, gastric reflection).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk010. Differentiate the patient's/client's needs regarding mobility according to disease pattern.	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk011. Describe the influence of sedation regarding mobility.	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk012. Name risks of too low/high depth of sedation regarding mobility (see also CA.3.1).	<input type="checkbox"/>	<input type="checkbox"/>

The professional caregiver is able to:	Yes	No
CA23bk013. Describe of the development of mobility and movement plans and its reasoning (see also CA.1.3).	<input type="checkbox"/>	<input type="checkbox"/>
CA23bk014. List necessary steps to prepare patient's/client's for transportation (e.g. securing drains, use of straps).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## SECTION 16

Step of competence development:

### 2.3.c. To be able to guide and supervise the implementation of mobility measures.

#### COMPETENCE

The professional caregiver:	Yes	No
CA23cc001. Is autonomously and self responsibly able to supervise and guide others and to reflect all aspects of mobility.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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#### SKILLS

The professional caregiver is able to:	Yes	No
CA23cs001. Show others the methods and techniques of implementing mobility measures.	<input type="checkbox"/>	<input type="checkbox"/>
CA23cs002. Run trainings in mobilisation and activation of patient's/client's.	<input type="checkbox"/>	<input type="checkbox"/>
CA23cs003. Teach others in conducting mobility and activation patient's/client's.	<input type="checkbox"/>	<input type="checkbox"/>
CA23cs004. Show others transfer methods of the patient/client.	<input type="checkbox"/>	<input type="checkbox"/>
CA23cs005. Recognise the scope of one's own competences and the of the others.	<input type="checkbox"/>	<input type="checkbox"/>
CA23cs006. Evaluate mobility measures of the others.	<input type="checkbox"/>	<input type="checkbox"/>
CA23cs007. Motivate others to complete the goals of mobility.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**KNOWLEDGE**

The professional caregiver is able to:	Yes	No
CA23ck001. Discuss ethical principles of mobility and mobilisation (see also CA.B.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ck002. Explain the tasks of other professions involved in mobility and movement measures (e.g. volunteers, everyday helper, physiotherapists).	<input type="checkbox"/>	<input type="checkbox"/>
CA23ck003. Name methods to transfer knowledge and experience.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ck004. Explain different training techniques.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ck005. Explain the development of trainings in mobility and movement measures.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ck006. Describe techniques to increase motivation.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ck007. Explain the process of guidance and supervision of the others.	<input type="checkbox"/>	<input type="checkbox"/>
CA23ck008. Explain the implementation of quality control regarding mobility (see also CA.A.3).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SECTION 17**

*For each of sub-area of competences, please choose which level/step of competence development is usually reached by a graduate/ holder of certificate after completion of studies.*

Sub-area of competence: **2.4. Excretion.**

	2.4.a. To be able to support patients/clients in excretion.	2.4.b. To be able to assist in: - placing and caring of catheters; - placing and handling enemas and bowel catheter systems.	2.4.c. To be able to: - place and care for urinary Catheters; - place and handle enemas and bowel catheter systems.	2.4.d. To be able to guide and supervise all measures related to excretion.
Steps of competence development:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Section/s to fill:</b>	<b>18</b>	<b>18,19</b>	<b>18,19,20</b>	<b>18,19,20,21</b>

Comments:

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## SECTION 18

Step of competence development:

### 2.4.a. To be able to support patients/clients in excretion.

#### COMPETENCE

The professional caregiver:	Yes	No
CA24ac00. Is able to support patient's/client's in the excretion This is done autonomously and self-responsibly but according to instruction.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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#### SKILLS

The professional caregiver is able to:	Yes	No
CA24as001. Involve and support the patient/client and relevant others in excretion.	<input type="checkbox"/>	<input type="checkbox"/>
CA24as002. Accept excretion as a normal part of life.	<input type="checkbox"/>	<input type="checkbox"/>
CA24as003. Accompany patient's/client's to the toilet and to the night commode.	<input type="checkbox"/>	<input type="checkbox"/>
CA24as004. Care for patient's/client's with excretion in bed (e.g. incontinence patient's/client's).	<input type="checkbox"/>	<input type="checkbox"/>
CA24as005. Provide adequate support fro and during excretion (e.g. enable sitting position in the bed, explain the use of bed pans and urine bottles).	<input type="checkbox"/>	<input type="checkbox"/>
CA24as006. Support patient's/client's after excretion (e.g. take over intimate body wash, provide incontinence material) (see also CA.2.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA24as007. Conduct prophylactic measures to prevent constipation (e.g. allow mobility, offer food that promotes excretion).	<input type="checkbox"/>	<input type="checkbox"/>
CA24as008. Quantify urine and defecation.	<input type="checkbox"/>	<input type="checkbox"/>
CA24as009. Clean used materials and discard waste (see also CA.4.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA24as010. Empty catheter and drainage and stoma bags (see also CA.3.4).	<input type="checkbox"/>	<input type="checkbox"/>
CA24as011. Document excretions (see also CA.A.2).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## KNOWLEDGE

The professional caregiver is able to:	Yes	No
CA24ak001. Explain legal regulations and consequences regarding excretion (see also CA.B.3).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak002. Describe the patient's/client's needs within excretion.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak003. Describe the patient's/client's habits and movement possibilities within excretion (e.g. needs support to go to the toilet, uses a night commode).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak004. Distinguish diverse types of excretion.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak005. Name different medical products supporting the patient excretion.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak006. Explain prophylactic measures to prevent constipation.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak007. Explain the meaning of continence and incontinence.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak008. Explain the function of incontinence material (e.g. nappy, incontinence underlays).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak009. Describe values and beliefs of different cultural, ethnological and religious groups and how this may affect patient's/client's within excretion (see also CA.B1 and CA.B.2).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak010. Describe one's own behaviour regarding excretion (e.g. understand excretion as a natural condition and to allow the need for it).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ak011. Explain emptying of catheter and drainage and stoma bags regarding hygiene (see also CA.4.1).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SECTION 19**

Step of competence development:

**2.4.b. To be able to assist in: - placing and caring of catheters; - placing and handling enemas and bowel catheter systems.**

**COMPETENCE**

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA24bc001. Is able to assist in the care of catheters and stomata for excretion and in the administering and handling of catheters, enemas and bowel catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

.....

**SKILLS**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA24bs001. Assist in preparing materials for administering urinary catheters (e.g. the right kind and size of catheter, anaesthesia gel, blocking liquid).	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs002. Assist in placing urinary catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs003. Assist in preparing materials for administering suprapubic catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs004. Assist in placing suprapubic catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs005. Assist in preparing the correct drain system regarding diseases and patient's/client's needs (e.g. hourly urometer, leg pouch).	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs006. Assist in performing bladder irrigation (e.g. single dose, continuously).	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs007. Assist in preparing materials for administering faecal collectors.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs008. Assist in applying faecal collectors.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs009. Assist in preparing materials for administering rectal tubes and enemas.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs010. Assist in performing rectal enemas.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs011. Assist in performing enemas into stomata and to provide stoma care (see also CA.3.4).	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs012. Assist in preparing materials for administering bowel catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs013. Assist in applying bowel catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs014. Assist in performing irrigation of bowel catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>



The professional caregiver is able to:	Yes	No
CA24bs015. Assist in preparing and administering medication regulating the excretion according to prescription (e.g. oral medications, bowel enema, fleet enema, enema to infants) (see also CA.3.2).	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs016. Assist in preparing materials for the care of catheters and stomata.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs017. Assist in the administering of suppositories and enemas.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs018. Recognise abnormal characteristics of excretion according to disease pattern and inform attendant physician.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bs019. Assist in the care of urinary catheters and stomata (see also CA.3.4).	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## KNOWLEDGE

The professional caregiver is able to:	Yes	No
CA24bk001. Describe the working of urinary and suprapubic catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk002. List standard and abnormal excretion characteristics (e.g. Bristol stool chart).	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk003. Name diverse types of stoma and assign them to the corresponding system (e.g. ileostomy and urostomy – urogenital system, colostomy – gastrointestinal system) (see also CA.3.4).	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk004. Name different medications for regulating excretion (e.g. different enemas, medications to increase urine excretion) (see also CA.3.2).	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk005. Name varied materials used in care of urinary catheters and stomata.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk006. Explain one's own behaviour when assisting in the placing of urinary catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk007. Explain one's own behaviour when assisting in the placing of suprapubic catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk008. Explain one's own behaviour when assisting in the performance of bladder irrigation.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk009. Explain one's own behaviour when assisting in the placing of faecal collectors.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk010. Explain one's own behaviour when assisting in the administering of rectal tubes and enemas.	<input type="checkbox"/>	<input type="checkbox"/>

The professional caregiver is able to:	Yes	No
CA24bk011. Explain one's own behaviour when assisting in the administering enemas into stomata.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk012. Explain one's own behaviour when assisting in the placing of bowel catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>
CA24bk013. Explain diseases and conditions that lead to differences in the appearance of stool.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## SECTION 20

Step of competence development:

**2.4.c. To be able to: - place and care for urinary Catheters; - place and handle enemas and bowel catheter systems.**

## COMPETENCE

The professional caregiver:	Yes	No
CA24cc001. Is autonomously and self responsibly able to care for urinary and bowel catheters, to place and handle urinary and bowel catheters and to administer irrigations and enemas into catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## SKILLS

The professional caregiver is able to:	Yes	No
CA24cs001. Inform the patient/client about the administering of the catheter and the procedure.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs002. Choose the right kind and size of urinary catheters (e.g. for male or female patient's/client's, 14 Charrière).	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs003. Choose and to prepare materials for administering urinary catheters (e.g. anaesthesia gel, blocking liquid).	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs004. Apply sterile working methods in administering catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs005. Place urinary catheters,	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs006. Choose and to prepare materials for administering suprapubic catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs007. Place suprapubic catheters.	<input type="checkbox"/>	<input type="checkbox"/>

The professional caregiver is able to:	Yes	No
CA24cs008. Choose the correct drain system regarding diseases and patient's/client's needs (e.g. hourly urometer, leg pouch).	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs009. Perform bladder irrigation (e.g. single dose, continuously).	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs010. Choose material for administering faecal collectors.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs011. Apply faecal collectors.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs012. Choose material for administering rectal tubes and enemas.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs013. Perform rectal enemas.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs014. Perform enemas into stomata and to provide stoma care (see also CA.3.4).	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs015. Choose material for administering bowel catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs016. Apply bowel catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs017. Perform irrigation of bowel catheter systems.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs018. Prepare and to administer medication regulating the excretion according to prescription (e.g. oral medications, bowel enema, fleet enema, enema to infants) (see also CA.3.2).	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs019. Remove all kinds of urinary catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24cs020. Remove all kinds of stool catheters.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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## KNOWLEDGE

The professional caregiver is able to:	Yes	No
CA24ck001. Describe the anatomy of the genitourinary system.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck002. Name various kinds of urinary catheters (e.g. Tiemann, Foley, Nelaton).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck003. Explain the meaning of the size of catheters (e.g. 12 Charrière regarding the size of the urethra of the patient/client).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck004. Name materials needed for administering urinary catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck005. Explain indications and contraindications for urinary catheterisation.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck006. Explain the technique of administering of urinary catheters (e.g. washing patient's/client's, sterile working method).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck007. Explain risks regarding urinary catheterism (e.g. urethritis).	<input type="checkbox"/>	<input type="checkbox"/>

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA24ck008. Explain indications and contraindications for suprapubic chatheterism.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck009. Describe the technique of administering suprapubic catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck010. Name various kinds of urometer and their area of application.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck011. Explain reasons and diseases causing bladder irrigations (e.g. single dose bladder irrigation, continuously bladder irrigation).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck012. Discuss the use of urinary catheters and suprapubic catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck013. Name durations of catherization with different catheters (e.g. silicon urinary catheter, bowel catheter systems).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck014. Describe the anatomy of the gastrointestinal tract.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck015. Explain diseases of the gastrointestinal tract (e.g. Morbus Chron, Colitis Ulcerosa).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck016. Name reasons for administering medication regulating the excretion.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck017. Name requirements for administering faecal collectors (regarding skin, regarding patient's/client's condition).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck018. Name necessary materials and explain the technique of administering of faecal collectors.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck019. Name materials for and describe technique of administering rectal tubes and enemas.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck020. Name and describe diseases that lead to restrictions in self-sufficiency regarding excretion (e.g. Morbus Bechterew, disc prolapse).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck021. Explain deviations in the body's osmole regulation regarding enemas and bowels (e.g. high/low osmolality, changes in sodium level and body fluids).	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck022. Explain one's own behaviour when removing all kinds of urinary catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ck023. Explain one's own behaviour when removing all kinds of stool catheters.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SECTION 21**

Step of competence development:

**2.4.d. To be able to guide and supervise all measures related to excretion.****COMPETENCE**

<b>The professional caregiver:</b>	<b>Yes</b>	<b>No</b>
CA24dc001. Is autonomously and self responsibly able to guide and supervise others in all measures regarding excretion including placing and handling of all kind of excretion catheters.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**SKILLS**

<b>The professional caregiver is able to:</b>	<b>Yes</b>	<b>No</b>
CA24ds001. Transfer methods and processes in taking care of excretion in different situations to others.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds002. Run trainings and instructing in using, placing and applying various kinds of catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds003. Recognise the scope of one's own competences related to patient's/client's excretion and the competences of the others.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds004. Evaluate the using, placing and caring of catheters by the others.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds005. Show others the way of supporting patient's/client's in excretion.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds006. Teach other in applying prophylactic measures to prevent obstipation.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds007. Teach others in preparing materials for placing and caring of all kinds of catheters and drains.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds008. Teach others in techniques of irrigating all kinds of catheters.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds009. Teach others about administering of all kinds enemas.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds010. Reflect and analyse own knowledge and skills for training purposes.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds011. Motivate others to complete the goals of achieving regular excretion of the patient/client.	<input type="checkbox"/>	<input type="checkbox"/>
CA24ds012. Show and support the patient/client in exercises promoting continence.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**KNOWLEDGE**

The professional caregiver is able to:	Yes	No
CA24dk001. Discuss ethical principles regarding excretion (see also CA.B.1).	<input type="checkbox"/>	<input type="checkbox"/>
CA24dk002. Name methods to transfer knowledge and experience.	<input type="checkbox"/>	<input type="checkbox"/>
CA24dk003. Explain different coaching/training techniques.	<input type="checkbox"/>	<input type="checkbox"/>
CA24dk004. Describe techniques to increase motivation.	<input type="checkbox"/>	<input type="checkbox"/>
CA24dk005. Explain techniques to promote patient's/client's continence.	<input type="checkbox"/>	<input type="checkbox"/>
CA24dk006. Explain the process of guidance and supervision of the others.	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

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**General comments to the CA2:**

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**SECTION 22****Final questions.**

Thank you very much for the answers you gave us so far. We very much appreciate that you took the time to go with me though the interview. Now that we went through the matrix there are just some general questions left.

1. Do you think we missed something, what we could add?

.....

2. Do you have any further comments? Is there anything else you would like to say or contribute?

.....

3. How may we mention your name as expert who has contributed to our study? In any case your answers will be treated separately from your personal data.

Not at all	Towards the co-funder of the study the European Commission, the German National Agency and the project partners only	Publicly also in project publications, etc.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Thank you very much for your time and for your valuable support.